



Choisissez la bonne rÃ©ponse !

??? :

- 250 g de couscous ??? moyen
- 4 citrons
- 6 ??? Ã  soupe d'huile d'olive
- 1 ??? ou 2 Ã©chalotes ???
- 5 tomates
- 1/2 concombre
- sel
- quelques ??? de coriandre ciselÃ©e

PrÃ©paration :

??? huile, citron, sel.

Ajouter couscous, tomates et concombre en petits ???, oignon rÃ©pÃ©Ã© Ã  la grosse rÃ©pe, sel.

???, couvrir. Mettre au ??? 3 heures.

Ajouter selon envie : mozzarella, thon, olives, ciboulette, menthe et persil ciselÃ©s...

- 1 - [frais] [MÃ©langer] [grain] [dÃ©s] [IngrÃ©dients] [rÃ©pÃ©s] [brins] [oignon] [cuillÃ¨res]
- 2 - [frais] [MÃ©langer] [grain] [dÃ©s] [IngrÃ©dients] [rÃ©pÃ©s] [brins] [oignon] [cuillÃ¨res]
- 3 - [frais] [MÃ©langer] [grain] [dÃ©s] [IngrÃ©dients] [rÃ©pÃ©s] [brins] [oignon] [cuillÃ¨res]
- 4 - [frais] [MÃ©langer] [grain] [dÃ©s] [IngrÃ©dients] [rÃ©pÃ©s] [brins] [oignon] [cuillÃ¨res]
- 5 - [frais] [MÃ©langer] [grain] [dÃ©s] [IngrÃ©dients] [rÃ©pÃ©s] [brins] [oignon] [cuillÃ¨res]
- 6 - [frais] [MÃ©langer] [grain] [dÃ©s] [IngrÃ©dients] [rÃ©pÃ©s] [brins] [oignon] [cuillÃ¨res]
- 7 - [frais] [MÃ©langer] [grain] [dÃ©s] [IngrÃ©dients] [rÃ©pÃ©s] [brins] [oignon] [cuillÃ¨res]
- 8 - [frais] [MÃ©langer] [grain] [dÃ©s] [IngrÃ©dients] [rÃ©pÃ©s] [brins] [oignon] [cuillÃ¨res]
- 9 - [frais] [MÃ©langer] [grain] [dÃ©s] [IngrÃ©dients] [rÃ©pÃ©s] [brins] [oignon] [cuillÃ¨res]
- 10 - [frais] [MÃ©langer] [grain] [dÃ©s] [IngrÃ©dients] [rÃ©pÃ©s] [brins] [oignon] [cuillÃ¨res]

1 - [IngrÃ©dients]

2 - [grain]

3 - [cuillÃ¨res]

4 - [oignon]

5 - [rÃ©pÃ©ces]

6 - [brins]

7 - [MÃ©langer]

8 - [dÃ©s]

9 - [MÃ©langer]

10 - [frais]